

## TERMS OF REFERENCE

### WORKSHOPS WITH GIRLS AND BOYS 16 TO 18 YEARS OLD ON MENTAL HEALTH

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#### Duration of Assignment:

Approximately the period of 2 months (preferred start in May 2024), for 3 working days within this period.

#### 1. BACKGROUND

Domovik was established in 2010 in Mitrovica North. Domovik is profiled as an organization that conducts activities concerning the psychosocial and physical health, social and legal protection and education of children, youth, and members of vulnerable groups, and as an organization that seeks to help people understand the factors that affect their life quality.

In partnership with Save the Children Kosova/o Domovik is implementing activities aimed to emergency preparedness and anticipatory action to reduce the risk of emergency situations on children and community members in northern Kosovo. The proposed plan of intervention encompasses a range of activities involving primary and secondary schools, creative arts organizations, early childhood education centres, civil society organizations, professionals, and community members.

Domovik is seeking to engage one consultant to conduct workshops with the aim to reduce the stigma related to the topic of mental health among young girls and boys 16 to 18 years old, and to create a safe space for sharing personal experiences, as well as to strengthen the peer support network.

Through a series of workshops aimed at addressing the potential risks faced by children and reducing the stigma surrounding mental health, children will be equipped with practical skills essential for maintaining good mental health to further developing emotional literacy, identity, and confidence, as well as interpersonal skills such as open and clear communication and empathic listening.

#### 2. OBJECTIVE AND SCOPE

The overarching goal of this consultancy is to mitigate the risk of emergency situations among girls and boys in urban and rural areas of northern Kosovo by empowering their soft skills to actively participate in maintaining their own safety and well-being developing tolerance and empathy, understanding and trust, as well as responsibility. The consultant will be required to include methods of learning related to reflection (awareness of the experience), insight into the understanding of the experience and the application of different behaviours in different situations covering the following specific objectives:

- To develop workshop modules on empowering girls and boys to improve mental health and to become active participants in their own safety and well-being.
- To conduct three one-day workshops with children's young girls and boys from urban and rural areas of Mitrovica, Zvecan, Leposavic and Zubin Potok.

All relevant documents, available at NGO Domovik, will be provided upon request of the consultant.

#### 3. DOMOVIK ROLES AND RESPONSIBILITIES

Domovik will have the responsibility for the overall management of the consultancy, and this will include the following:

- Reviewing and approving the proposed workshop documents

- Organizing informative meetings with the consultant, to define implementation timeframe and milestones.
- Ensuring that Domovik management staff provide all necessary documentation.
- Supporting the workshops process
- Monitoring the delivery of milestones

#### **4. KEY DELIVERABLES**

- Develop the workshops module of work according to requested tasks
- Submitting consultant's report upon completion of the assignment
- Develop workshop agenda in agreement with Domovik project staff
- Develop and prepare workshop materials to be used during the workshop

#### **5. DURATION AND TIMEFRAME**

The contract of the assignment should be within the timeframe of 2 months, for 3 working days within this period, preferably throughout the period starting from 1 May 2024.

#### **6. QUALIFICATIONS AND COMPETENCIES**

- Experience in working in civil society organizations, social services for girls and boys.
- Advanced degree in psychological and development studies, social sciences, and humanities.
- A proven experience in working with 16 to 18 years old girls and boys on mental health prevention, especially with children and young girls and boys with behavioural disorders and/or other specific professional services.
- Strong interpersonal skills and the ability to communicate and work well with diverse people.

#### **7. APPLICATION PROCEDURE**

Applications must be sent in English or Serbian and entail the following:

- Expression of Interest and availability;
- CV;
- Methodology of work
- Expected remuneration, in the form of gross fee

#### **8. PAYMENT INFORMATION**

The payment will be processed as a single instalment upon the completion of the assignment and the approval of the consultant's report, based on an invoice submitted by the consultant.

#### **9. Zero tolerance on Sexual exploitation and abuse**

Domovik applies zero tolerance to sexual exploitation and abuse. It is, therefore, required that the interested candidates read and understand the *Anti-harassment, intimidation, and bullying policy* and *Child Safeguarding Policy*. The policies are available in the Programmes/Policies section of [www.domovik.org](http://www.domovik.org) website, or through links:

[NGO-domovik-politika-protiv-zlostavljanja-zastrasivanja-i-uznemiravanja\\_2022.pdf](#); and [Politika-za-zastitu-deteta\\_2022.pdf \(domovik.org\)](#)

#### **10. How to apply**

Expression of Interest clearly named as “*Workshops with young girls and boys on mental health*” can be submitted at the email address [office@domovik.org](mailto:office@domovik.org) or as a hard copy at the address Sutjeska bb, L1,



*Terms of Reference – Workshops with young girls and boys 16 to 18 years old on mental health*

Mitrovica North, before 19 April 2024 17:00 hours local time. Only short-listed candidates will be contacted.