

TERMS OF REFERENCE

WORKSHOPS WITH GIRLS AND BOYS 11 TO 15 YEARS OLD ON MENTAL HEALTH

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Duration of Assignment:

Approximately the period of 2 months (preferred start in May 2024), for 5 working days within this period.

1. BACKGROUND

Domovik was established in 2010 in Mitrovica North. Domovik is profiled as an organization that conducts activities concerning the psychosocial and physical health, social and legal protection and education of children, youth, and members of vulnerable groups, and as an organization that seeks to help people understand the factors that affect their life quality.

In partnership with Save the Children Kosova/o Domovik is implementing activities aimed to emergency preparedness and anticipatory action to reduce the risk of emergency situations on children and community members in northern Kosovo. The proposed plan of intervention encompasses a range of activities involving primary and secondary schools, creative arts organizations, early childhood education centres, civil society organizations, professionals, and community members. Domovik is seeking to engage one consultant to conduct workshops with the aim to reduce the stigma related to the topic of mental health among young girls and boys age of 11 to 15 years old, and to create a safe space for sharing personal experiences, as well as to strengthen the peer support network.

Series of workshops on prevention of mental health will break the prejudices associated with this topic and help the participants to design their own path to adulthood. The workshops for young girls and boys aged 11 to 15 aim to provide essential skills and knowledge to navigate the complexities of mental well-being. Through interactive sessions, will learn about stress management, emotional regulation, building resilience, and coping strategies. Facilitated discussions and activities foster a safe environment for open dialogue, enabling young girls and boys to express their feelings and concerns and equip them with different techniques and strategies for more adequately dealing with developmental tasks.

2. OBJECTIVE AND SCOPE

The overarching goal of this consultancy is to mitigate the risk of emergency situations among girls and boys in urban and rural areas of northern Kosovo by empowering them to actively participate in safeguarding their own safety and well-being. Using story telling methods and role playing models the consultant will be required to encourages the development of communication, social and emotional skills among young girls and boys covering the following specific objective:

- To develop workshop modules on empowering girl and boys to improve mental health and to become active participants in their own safety and well-being.
- To conduct five one-day workshops with children's young girl and boys from urban and rural areas of Mitrovica, Zvecan, Leposavic and Zubin Potok.

All relevant documents, available at NGO Domovik, will be provided upon request of the consultant.

3. DOMOVIK ROLES AND RESPONSIBILITIES

Domovik will have the responsibility for the overall management of the consultancy, and this will include the following:

- Reviewing and approving the proposed workshop documents
- Organizing informative meetings with the consultant, to define implementation timeframe and milestones.
- Ensuring that Domovik management staff provide all necessary documentation.
- Supporting the workshops process
- Monitoring the delivery of milestones

4. KEY DELIVERABLES

- Develop the workshops module of work according to requested tasks
- Submitting consultant's report upon completion of the assignment
- Develop workshop agenda in agreement with Domovik project staff
- Develop and prepare workshop materials to be used during the workshop

5. DURATION AND TIMEFRAME

The contract of the assignment should be within the timeframe of 2 months, a maximum of 3 working days within this period, preferably throughout the period starting from 1 May 2024.

6. QUALIFICATIONS AND COMPETENCIES

- Experience in working in civil society organizations, social services for children's young girls and boys.
- Advanced degree in psychological and development studies, social sciences, and humanities.
- A proven experience in working with girls and boys 11 – 15 years old, on mental health prevention, especially with young girls and boys with behavioural disorders and/or other specific professional services.
- Extensive experience in facilitating workshops and professional work with children's young girls and boys.
- Strong interpersonal skills and the ability to communicate and work well with diverse people.

7. APPLICATION PROCEDURE

Applications must be sent in English or Serbian and entail the following:

- Expression of Interest and availability;
- CV;
- Methodology of work
- Expected remuneration, in the form of gross fee

8. PAYMENT INFORMATION

The payment will be processed as a single instalment upon the completion of the assignment and the approval of the consultant's report, based on an invoice submitted by the consultant.

9. Zero tolerance on Sexual exploitation and abuse

Domovik applies zero tolerance to sexual exploitation and abuse. It is, therefore, required that the interested candidates read and understand the *Anti-harassment, intimidation, and bullying policy* and *Child Safeguarding Policy*. The policies are available in the Programmes/Policies section of www.domovik.org website, or through links:

[NGO-domovik-politika-protiv-zlostavljanja-zastrasivanja-i-uznemiravanja_2022.pdf](#); and [Politika-za-zastitu-deteta_2022.pdf \(domovik.org\)](#)

10. How to apply

Expression of Interest clearly named as “*Workshops with young girls and boys on mental health*” can be submitted at the email address office@domovik.org or as a hard copy at the address Sutjeska bb, L1, Mitrovica North, before 19 April 2024 17:00 hours local time. Only short-listed candidates will be contacted.