

TERMS OF REFERENCE

WORKSHOPS WITH CHILDREN 5 TO 10 YEARS OLD ON MENTAL HEALTH

Published 12 April 2024

Duration of Assignment:

Approximately the period of 2 months (preferred start in May 2024), for 5 working days within this period.

1. BACKGROUND

Domovik was established in 2010 in Mitrovica North. Domovik is profiled as an organization that conducts activities concerning the psychosocial and physical health, social and legal protection and education of children, youth, and members of vulnerable groups, and as an organization that seeks to help people understand the factors that affect their life quality.

In partnership with Save the Children Kosova/o Domovik is implementing activities aimed to emergency preparedness and anticipatory action to reduce the risk of emergency situations on children and community members in northern Kosovo. The proposed plan of intervention encompasses a range of activities involving primary and secondary schools, creative arts organizations, early childhood education centres, civil society organizations, professionals, and community members.

Domovik is seeking to engage one consultant to conduct workshops with the aim to reduce the stigma related to mental health among children age of 5 to 10 years old, and to create a safe space for strengthening the peer support network.

Through socializing and play, workshops will enable children from 5 to 10 years to develop and improve emotional, social, and cognitive skills, careful listening and expressing their thoughts and feelings in a non-hurtful manner. This workshop can encourage children to recognize their qualities, achievements, and strengths. Team games, self-confidence exercises, and positive affirmations can be utilized.

2. OBJECTIVE AND SCOPE

The overarching goal of this consultancy is to mitigate the risk of emergency situations among girls and boys in urban and rural areas of northern Kosovo by empowering them to actively participate in safeguarding their own safety and well-being. Considering play as an essential strategy for learning and teaching, the consultant will be required to integrate the concept of learning through play, while covering the following specific objective:

- To develop workshop modules on empowering children to improve mental health and to become active participants in their own safety and well-being, based on the learning by playing concept.
- To conduct five one-day workshops with children from urban and rural areas of Mitrovica, Zvecan, Leposavic and Zubin Potok.

All relevant documents, available at NGO Domovik, will be provided upon request of the consultant.

3. DOMOVIK ROLES AND RESPONSIBILITIES

Domovik will have the responsibility for the overall management of the consultancy, and this will include the following:

- Reviewing and approving the proposed workshop documents

- Organizing informative meetings with the consultant, to define implementation timeframe and milestones.
- Ensuring that Domovik management staff provide all necessary documentation.
- Supporting the workshops process
- Monitoring the delivery of milestones

4. KEY DELIVERABLES

- Develop the workshops module of work according to requested tasks
- Submitting consultant's report upon completion of the assignment
- Develop workshop agenda in agreement with Domovik project staff
- Develop and prepare workshop materials to be used during the workshop

5. DURATION AND TIMEFRAME

The contract of the assignment should be within the timeframe of 2 months, for 5 working days within this period, preferably throughout the period starting from 1 May 2024.

6. QUALIFICATIONS AND COMPETENCIES

- Experience in working in civil society organizations, social services for children.
- Advanced degree in psychological and development studies, social sciences, and humanities.
- A proven experience in working with children 5 – 10 years old on mental health prevention, especially with children with behavioural disorders and/or other specific professional services.
- Extensive experience in facilitating workshops and professional work with children.
- Strong interpersonal skills and the ability to communicate and work well with diverse people.

7. APPLICATION PROCEDURE

Applications must be sent in English or Serbian and entail the following:

- Expression of Interest and availability;
- CV;
- Methodology of work
- Expected remuneration, in the form of gross fee

8. PAYMENT INFORMATION

The payment will be processed as a single instalment upon the completion of the assignment and the approval of the consultant's report, based on an invoice submitted by the consultant.

9. Zero tolerance on Sexual exploitation and abuse

Domovik applies zero tolerance to sexual exploitation and abuse. It is, therefore, required that the interested candidates read and understand the *Anti-harassment, intimidation, and bullying policy* and *Child Safeguarding Policy*. The policies are available in the Programmes/Policies section of www.domovik.org website, or through links: [NGO-domovik-politika-protiv-zlostavljanja-zastrasivanja-i-uznemiravanja 2022.pdf](#); and [Politika-za-zastitu-deteta 2022.pdf \(domovik.org\)](#)

10. How to apply

Expression of Interest clearly named as “*Workshops with children and young girls and boys on mental health*” can be submitted at the email address office@domovik.org or as a hard copy at the address



Terms of Reference – Workshops with children 5 to 10 years old on mental health

Sutjeska bb, L1, Mitrovica North, before 19 April 2024, 17:00 hours local time. Only short-listed candidates will be contacted.